

Career Coaching

Realise your Potential with Resume Writing, Job Searching and Interview Tips.

Are you looking to accelerate your career?

Do you want an optimal career, not just a job?

Exceed Global helps professionals who've reached a career "sticking point" to regain traction and achieve true fulfilment, on your own terms.



Approach

Exceed Global has adopted one of the most widely recognised coaching frameworks. The approach involves developing a collaborative relationship, using an experiential learning framework. The coaching relationship is framed within an adult learning cycle that encourages a systematic, solution-focused process.

Expertise

- Isabella Villani has extensive people leadership, executive coaching and facilitation experience. She possesses a Certificate IV in Workplace Training and Assessment and internationally accredited Executive Coaching qualifications.
- Isabella is widely acknowledged as an industry expert in managing and coaching high-performing teams to achieve business outcomes.

Coaching Topics

Career Direction

Establish your ultimate path.

Job Applications

Prepare a tailored resume and cover letter that is market ready.

Interviewing

Understand behavioural interviewing techniques so you nail job interviews.

Social Media

Leverage social media tools, e.g. LinkedIn to manage your personal brand and search for jobs.

Approaching the Market

Learn how to tap into the hidden job market.

Networking

Develop career contacts and networks to accelerate your job search.

Personal Brand

Understand how and why to build your personal brand.



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Benefits



Get Job Ready: Receive independent information about the job market to ensure you're job ready, through learning new skills and tools to access employment opportunities



Develop Your Personal Brand: Develop the skills to prepare a personalised and professional resume and ensure your online brand (including LinkedIn) sets you up for success.



Clarifies Goals: Gain clarity about your career goals, aspirations, and values, enabling you to make informed decisions about your professional paths.



Identifies Strengths and Weaknesses: Identify your strengths and weaknesses to position yourself effectively.



Enhances Self-awareness: We facilitate self-reflection and introspection, leading to increased self-awareness. This awareness helps you understand your motivations, preferences, and behavioural patterns, which can inform your career decisions.



Develops Skills: Develop essential skills such as communication, leadership, time management, and emotional intelligence, which are critical for career advancement and success.



Provides Support and Accountability: We provide a supportive environment where you can explore challenges, brainstorm solutions, and receive constructive feedback. Additionally, we can hold you accountable for taking action towards your goals, fostering accountability and commitment.



Explores Career Options: Explore various career paths, industries, and opportunities, assisting you in making informed decisions about your career direction and trajectory.



Navigates Career Transitions: Whether you are transitioning to a new role, industry, or career stage, career coaches provide guidance and support throughout the transition process, helping you navigate challenges and seize opportunities effectively.



Improves Decision-making: Help you to weigh up your options, clarify priorities, and consider potential outcomes. Career coaching improves decision-making skills, empowering you to make confident and strategic career decisions.



Boosts Confidence and Motivation: Through encouragement, affirmation, and empowerment, career coaches help you build confidence, overcome self-doubt, and stay motivated as you pursue your career goals.



Achieves Work-life Balance: Career coaching supports you in achieving a healthy work-life balance by helping you to set boundaries, manage priorities, and align your career goals with your personal values and lifestyle preferences.



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